

TOP TIP!

Before you see the GP,
work out what you are
worried about.

Highlight your concerns
straightaway.

Think about how you
would describe your
symptoms.

Get to the point and
don't keep important
information to the end



Too many problems in one
appointment distracts the
doctor from dealing with
your main concern

**THINK
SAFETY
FIRST!**



More than 1
problem
makes your

appointment over run so
the GP is more likely to
rush and
a serious
illness
might
get
missed



ONE APPOINTMENT, ONE PROBLEM, ONE PATIENT

Please don't be offended if the GP has to ask you to make another appointment.

Thank you for your understanding